

# HOROSCOPES

## Monthly Forecast for March 2010

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BY DR. PREMKUMARSHARMA



**ARIES:** Your inexhaustible energy would enable to withstand a lot of work pressure this month. The good news is that even in a pressurized situation you would not feel any discomfort and successfully achieve desired results. However, it would be in your interest not to forget to take rest to keep the momentum going.



**TAURUS:** You will have to handle a tricky problem at workplace. As far as possible avoid counseling because there are chances that it might not help in serving your purpose. You need to know that in a quarrel, each persons vision is clouded by own picture and nobody refuses to bend. Therefore adopt some measures to save the situations from aggravation. It would be better to remain a neutral person but on the side of the merit by judging the situation.



**GEMINI:** Your long desire for a change in workstation is likely to materialise this month. This would not only infuse with new & innovative ideas but also recharge you. There are further indications that in mid of the month you might get some opportunities to exhibit your talent.



**CANCER:** You are likely to benefit by your adaptability to adjust in all situations at work. There are indications that this is likely to bring reward/recognition. At this occasion, don't get surprised if you are entrusted with some additional responsibilities. These would not only enable to exhibit your latent talent but also boost career prospects. Therefore don't hesitate to blindly grab them.



**LEO:** This month you will get the timely support of colleagues to save yourself from a crisis at workplace. However, it would be in your interest to keep this team spirit going to achieve higher goals. At the same time, use your strong determination & decision-making trait to face unusual & challenging situations with ease. At month end, it would require some urgent & quick decisions on your part to turn the tide in your favor.



**VIRGO:** You are likely to encounter some challenging situations at workplace especially in mid of the month. It would therefore be highly important to keep your presence of mind going. This would not only enable to conquer them but also leave your mark. You will be highly benefited if you make the fullest use of your sharp decision-making trait to come out as a winner. As far as possible, handle these tough situations singularly.



**LIBRA:** Professional life tests your mettle, as results are likely to come only after putting-in increased efforts. You will need adopting a dynamic approach to pursue career ambition. In this your positive thinking coupled with dedication will come to your rescue. Professionals engaged in PR, banking and sales & marketing in particular are likely to undergo through a hectic schedule to achieve goals.



**SCORPIO:** At work discouraging results especially at the beginning of the month might disappoint. However things would change for better in the later half when expected success comes you way without much efforts. It would be in your interest not to assign an important work to an unreliable person. Admitting your mistakes will also go in your favour. However not to forget apologizing to whom you have harmed.



**SAGITTARIUS:** Expect success on the professional front this month, as your sincere efforts bring positive results. Mid month promises a professionally enjoyable time. Timely support of colleagues helps you complete a project in time. Strong determination and decision-making trait helps in overcoming a challenging situation.



**CAPRICORN:** A result-oriented month, in which much of your professional expectations are likely to be fulfilled. Mid of the month requires guarding against jealous colleagues. Graphic designers, accountants and IT professionals get ample opportunities to exhibit their talent, especially in later half of month.



**AQUARIUS:** Unexpected things going in your favour will immensely boost your confidence at professional front. There are indications that you are likely to be entrusted with an important responsibility at the beginning of the month. But the good news is that you would be highly benefited by shouldering a variety of assignments spanning across various fields.



**PISCES:** This month you are likely to suffer from workload at workplace. You might even find it very difficult to complete it on time. However- it would be in your interest to develop some strategies to enable yourself to complete it at the earliest. Success on your part would not only bring mental satisfaction but also enable to undertake additional responsibilities.

# I Have No Time For Myself

**Dear Deep Essence,**  
I never have any time for myself. I have two children, a dog and a husband to take care of and I work as a full-time teacher. By the time I get to bed, I am so exhausted that I don't even have time to read before I go to sleep. How can I make more time for myself?

**Regards,  
Always-Tired**

**Dear Always Tired,**  
Okay, here is my magic formula on how to make more time for yourself. It is: Make more time for yourself.

You are always-tired because you choose to be tired. You are making active choices in your life. Every single day. Each choice adds up. No one came up to you and said "I am going to steal eighteen hours of your time every day, so ha, ha, ha (evil laugh) you won't have any time left for yourself."

You choose to work. You choose to have a dog. You choose to have a husband. You choose to take care of your children. And last but not least, you choose to spend 99% of your time taking care of others. Do something new. Make a different choice. You have an infinite number of options available to you.



**AQSA ZAREEN FAROOQUI**

**Dear Deep Essence**

You could: Let go of your dog. Let go of your husband. Take a week-long vacation alone. Quit your job. Ask for help. Delegate. Sleep less. Organize more. Work part-time. Some options sound more reasonable than others. But all of the options exist and it's up to you to reprioritize and decide what works best for you.

Believe me when I say this to you. Everyone will be okay if you take time for yourself. Eventually, everyone will be happier because you are taking care of yourself. Your happiness will rub off on others.

Good luck and happy spring.

**Sincerely,  
Deep Essence**

*Aqsa, MS is a licensed professional counselor, writer, public speaker, relationship coach, playwright and filmmaker.*

To send her a comment or a question, call or email her at [info@deepessence.com](mailto:info@deepessence.com) or call her at (404) 312-4950 for a free 30 minute phone counseling session. Check out her website [www.deepessence.com](http://www.deepessence.com).

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# SuDoku Challenge

**Rules:** 1.The 3 x 3 sub grids are called *regions*  
2.Numbers already filled in the grid are called *givens*  
3.The goal of the player is to fill the blank grids of

- Every row
- Every column and
- Every 3 x 3 box
- With the numbers 1,2,3,4,5,6,7,8,9

**However:** All rows and columns and regions (3 x 3) should contain numbers 1 to 9 without being repeated.

### SuDoku Solutions

6	4	8	7	5	3	2	1	9
3	7	6	1	9	2	5	8	4
2	5	1	6	4	8	7	9	3
7	8	2	4	6	9	3	5	1
6	9	5	3	8	1	4	7	2
4	1	9	2	7	5	9	6	8
5	3	4	8	1	7	6	2	9
1	2	9	5	3	6	8	4	7
8	6	7	9	2	4	1	3	5

	3	1	4			7		
	4			3		6		
	2		7		8			
			5				1	
2			1		3			9
	5				4			
			8		9		5	
		5		6			7	
		2			7	8	4	

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