

EVENTS

Raksha Volunteer Info-social Learn more about what Raksha does and how you can get involved, network with others interested in volunteering and sign up to volunteer on any of our committees.
When: Jan 14, 2010, Time: 6:30 PM to 8:30 PM
Where: 57th Fighter Group Restaurant, 3829 Clairmont Road, Atlanta, GA-30341
Contact: Amita Rao
Email: volunteer@raksha.org
Web Site: http://www.raksha.org

Art of Living Course Workshop includes - * Knowledge on sources of energy * Secrets of breath * Natural and effective ways to eliminate stress using breathing techniques * Yoga * Ancient wisdom
When: Jan 14-17, 2009
Where: 7730 Roswell Road,suite 400, Atlanta, 30350
Contact: Pratik Jagad,Tele: 87726548464
Email:atlanta@us.artofliving.org
Web Site: www.artofliving.org/atlanta

Tamil Sangam Pongal Vizha 2010
Graamiya Kalai, Nigazhchi, Rangoli contest, Pongal Cooking contest, Dinner and Social Hour
When: Jan 16, 2010, Time: 1:00 pm - 6:00 pm
Where: Berkmar High School, 405, Pleasant Hill Road NW, Lilburn, GA-30047

Deep Essence...

Continued from Pg20.....
I choose the path of Forgiveness. I am trusting again). Once you feel calmer, start over with the first question. Using this method helps your pain to be released in a non-toxic form into the universe and you feel lighter. If you had chosen to deal with the emotion by yelling at someone or repressing it, you would continue the cycle of anger and pain.

*** Aqsa Zareen Farooqui, MS is a licensed professional counselor, writer, public speaker, relationship coach, playwright and filmmaker. The advice may be helpful but is not intended as a substitute for professional care. To send her a comment or a question, email her at info@deepessence.com . Call her at (404) 312-4950 for a free 30 minute phone counseling session. Check out her website: www.deepessence.com . All inquiries will be kept strictly confidential. No name or identifying information will be used.***

Koppaka Family...

Continued from Pg8.....
pay this debt by focusing his own charitable pursuits on education-based initiatives. It was in this spirit that the idea for a private family foundation was conceived. Although Dr. Rao passed away before he was able to fully implement this plan, his wife and children established the Koppaka Family Foundation in a manner consistent with his vision.
Although it is understood that the goals of the foundation will grow and evolve over time, its overriding mission has been to support education and the arts, in specific areas of interest to members of the Koppaka family. At present, these include fostering humanism in healthcare with an emphasis on the patient-physician relationship; promote interest and appreciation in the United States for the culture, literature (both Telugu and Sanskrit), and classical arts of Andhra Pradesh; and

Contact: GATS Atlanta, Tel: 770-367-1861
Email: contact@gatamilsangam.org
Web Site: http://www.gatamilsangam.org

BAPS Swaminarayan Mandir celebrates Uttarayan 2010. Enjoy a day filled with kites, friends and food.
When: Jan 16, 2010, Time: 10:00 AM - 5:00 PM
Where: BAPS Shri Swaminarayan Mandir, 460 Rockbridge Road NW,Lilburn, GA-30047
Contact: Jigar Patel, Tel: 678-906-2277

Pujari Hosts Saraswati Puja
Puja will start at 11 AM, followed by Anjali, Bhog & cultural program. This will be followed by dinner at 8 PM.
When: January 23 at 11 am.
Where: Berkmar High School
Contact: Soumya Bhattacharyya 770 3967926
Email: soumya_bhattacha@hotmail.com
Web Site : www.pujari.org

Know Your Teen Workshop
When: Jan, 24, Time: 3.00 – 6.00 PM
Where: 7730 Roswell Road,suite 400, Atlanta,30350
Contact: Pratik Jagad,Tele:87726548464
Email:atlanta@us.artofliving.org
Web Site: www.artofliving.org/atlanta

education and mentorship programs for socially or financially disadvantaged students
The foundation’s activities have focused primarily on their interest in improving humanism in healthcare. Since 2000, the foundation has provided funds through a competitive grant program to 17 medical schools across the United States for 26 visiting professorships designed to spark dialogue within the academic medical community on the importance of physician-patient-family communication. The foundation recently commemorated the 10th annual Koppaka V. Rao Lectureship in Humanities in Medicine at the University Of Virginia School Of Medicine. This annual lectureship, established by a permanent endowment, is intended to reach health professional students and trainees, healthcare providers and members of the public. The foundation’s gift to Emory University toward establishment of the Visweswara Rao Koppaka and Sita Koppaka Professorship in Telugu and South Indian Cultures, Literatures, and History represents its first effort in the area of Telugu classical arts. The family is strongly committed to the establishment of this permanent, endowed professorship at Emory as it represents the fulfillment of Dr. and Mrs. Rao’s dream of sharing their passion for South Indian culture and language with others.
Dr. Joyce Flueckiger, Director of South Asian Studies at Emory University, who is instrumental in the establishment of teaching Telugu language at the university, said: “A lot of enthusiasm is being shown by several people in the history, language and culture of Telugu. There are many people, who are very enthusiastic to learn Telugu.” She told this reporter the Koppaka Family Foundation has committed half of what is needed for the full endowment to support a professorship in Telugu. “So we’re delighted that we are making this initiative public and certainly hope that more donors will be forthcoming.” To learn how one can contribute, email to Dr. Joyce Flueckiger, the Director of Asian Studies at Emory University at: reljbf@emory.edu

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