

## EVENTS

**Ekal Se Taal Milao****DEC 12**

Dinner, Professional

Entertainment Bollywood style, Prize surprises

Join us to support our Annual Ekal Fun Night

**When:** Dec 12, 2009, Time: 7 PM**Where:** Global Mall, Impact Center**Contact:** Shiv Aggarwal, Tel: 404 456 2973**Email:** aggarwalshiv@aol.com**Web Site:** http://WWW.EKAL.ORG**Nritya Natya Kala****DEC 12****Bharti presents****Annual Dance Recital****When:** Dec 12, 2009 at 6:00 PM**Where:** GA Tech- Ferst Center for the Arts, 349 Ferst Dr., Atlanta, GA-30332**Contact:** Sandeep Savla, Tel: 678-467-0837**Art of Living Course****DEC 8-13****When:** December 8th

to 13th

**Where:** Art of Living Center, 7730 Roswell Road, suite 400, Atlanta, 30350**Contact:** Pratik Jagad Telephone

: 87726548464 Email :atlanta@us.artofliving.org

**Web Site:** www.artofliving.org/atlanta**Start Date:** Dec 08, 2009 **End Date:** Dec13, 2009**Weekday Timings:** 6:30pm - 9:30 pm **Weekend****Timings:** 10am - 4pm **Course Fee:** \$175.00 **Student****Fee:** \$175.00 **Senior Fee:** \$175.00 **The above course****fee is the discounted fee (regular course fee is****\$350) available for a limited time period.****Pop In The New Year****DEC 31****With Madras****Chettinaad**

DJ Sham Bhrambhath

Bollywood Dance &amp; Entertainment

Tickets \$75/person

**When:** Thu, Dec 31, 2009**Where:** Madras Chettinaad, 4305 State Bridge Road, Suite 108, Alpharetta GA-30022**Contact:** 678-393-0044**Web site:** http://www.madraschettinaad.com**New Year's Eve Ball****2009 at Jade Events****DEC 31**

Ballroom located in the

Madras Grill Shopping Center.

\* DJ Jazz \* Full Course meal \* Full Bar

\* Cigar bar \* Wine Bar \* Ball Drop at Midnight

\* Formal Dress Code \* Tickets \$80 per person

**When:** Thu, Dec 31, 2009**Where:** Jade Events Ballroom,

2201 Lawrenceville Hwy, Atlanta GA-30033

**Contact:** 678-665-1175**Web Site:** http://www.fusioneventplanning.com**Sixth Annual New****JAN 1****Year Festival At Hindu****Temple Of Atlanta.****When:** Fri, Jan 1, 2010 from 9:00 a.m. to 9:00

p.m.

**Where:** The Hindu Temple of Atlanta

5851 GA Hwy 85 Riverdale, GA-30274

**Contact:** Kusuma Dronavalli 770-495-8393**Web site:** http://www.hindutempleofatlanta.org**Rudra Homa At Shirdi Sai Temple...**

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Institute of Medical Science VIMS - Mother & Child Care Charity Hospital, in Guntur which was inaugurated on April 3rd 2008, by Former President of India, Hon. Dr. Abdul Kalam. From his ornate seat, Swamiji, clad in an orange dress, delivered his brief spiritual discourse, with occasional amusing comments. He spoke in Telugu which was then translated into English by the National coordinator for SVVFUIP (Sri Viswayogi Viswamjee Foundation For Universal Integration and Peace) Mr. Narayan Murthy.

Swamiji said that when he entered the Shirdi Sai Temple he felt similar positive vibrations he felt in Samadhi Mandir in Shirdi, India. In his discourse, he exhorted his rapt listeners to get the young generation interested in reading spiritual literature, in reciting mantras and shlokas and performing homas.

"Today we are doing this Rudra Homa in the divine presence of Sai Maharaj. It is a Sai sankalpa of Maharaj himself. Swamiji recounted that on one occasion Bhagwan Sai Baba while giving a discourse on Maha Shivratri Day, was asked by the devotees who were chanting 'Om Namah Shivay, Om Namah Shivay', while doing abhishekam of Shivalinga. Lord Shiva arose out of the Shivalinga and said, "I'm pleased with your devotion and prayers. Please come with me to Kailash." The devotees said, "We are not yet ready to come to Kailash. We just need your blessings, please"

Swamiji continued, "What is Rudra? It is life force in our body. We have five life forces, five subordinate life forces and one main life force. Actually there is only one life force but it transforms into eleven life forces. Those eleven contribute to eleven different activities in our body. In

the universe also there are eleven life forces. Homa tries to appease and strengthen these life forces. If these life forces are in equilibrium then the body will be full of energy and free of diseases. The body is subject to prana/apana vayus. Prana force pulls upwards whereas apana force pulls downwards if apana force is stronger the body will fall prey to heart, lungs; sight and nervous system disorders. The Homas purify the pollution caused by human beings to their bodies and also to the environment. He lamented that people are not performing homas these days.

Sadly, some wrongly think that homas are only for retired and old people as a pastime. The only homa a person does is smoking!

As a result, we are hearing of new diseases like swine flu, bird flu, chikungunya etc. "The human body is like a mobile temple and if pollution free, it can be an energy center," he said. "Let the energy spread to give peace to people. Mantras and meditation help rejuvenate body and mind, and elevate consciousness and creativity." He also spoke about Sanatana Dharma, which teaches how to live good, family-values based life from birth to death."

After his uplifting discourse, all the devotees lined up to receive Swamiji's blessings. All the priests deserve to be commended for conducting all the poojas and ceremonies with dignity and utmost patience. And a special thanks to all the Shirdi Sai Temple and other attending devotees, priests and staff of the Temple; and Atlanta's coordinators ;Geetha Satteneni, Madhu bala, Srikanthi Vantipalli, Sreekar Chada, Sushma Chada, Uma Maheshwar Reddy to name a few for making the Rudra Homa a truly awe-inspiring and memorable event.

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